

1-12-26

Whom it may concern,

This is my Testimony to be posted and read on-line during the public hearing on Jan 29th 2026.

Thank you for your time and patience!

Testimony,

My name is Matthew Pugh and I reside in the Honor Unit at Chesire C.I.,

my concerns about Connecticut's correctional system is mainly about my health. I almost died on June 24 2025 due to complications of breathing because of a blood pressure medication which caused a side effect and damaged my lungs with a viral infection, also I had polyps that formed in my nasal cavity which is making it harder for me to breath normal through my nostrils.

while I was at mid-state facility for 2 days, there was a follow up for me to see a pulmonologist and ENT specialist but yet I haven't seen neither one yet and its going on 7 months. why do I have to wait so long for my health to be treated properly?

In the meantime, no one knows of the suffering that I have to endure every day and night and struggle to breath out my nostrils properly.

Why do I have to do pushups in order to open up my airways in my nostrils just for a little while in order to feel a little bit comfortable?

When dealing with an individuals health behind these walls, that should be a priority to handle so there's not more harm that is done over-time involving the situation to the problem.

I just need this issue to my problem resolved

by being properly checked out from an ENT specialist and Pulmonologist so I can receive the proper care needed instead of just sitting around and the problem gets worse!

It's as if they don't care here at medical or UConn to keep you waiting for months due to the harm you are going through day by day, week by week and month by month. This is ridiculous and must be acknowledged so something can be done about this to help those suffering in a better way.

I hope this letter brings about some kind of awareness and things involving waiting for your health to be properly evaluated in a shorter time frame be handled sufficiently.

We are human-beings behind these walls that need the proper care taken care of promptly instead of just making us wait as if we don't matter.

Truly, Matthew Pugh
many Blessings